

SAFETY ALERT

Exiting safely from Heavy Construction Equipment



Government
of South Australia
Department for Infrastructure
and Transport

Exiting from equipment requires special attention.

Stepping out of heavy construction equipment or trucks has a great risk of injury than stepping out of our cars or Light Vehicles. Rough terrain such as broken rock can make the process even more hazardous.

The surfaces of the steps can sometimes be slippery from mud or rain.



- Think about your exit and don't rush out of the equipment.
 - Position the equipment securely on firm ground that's sufficiently level to park and disembark.
 - Arrange the equipment boom and/or tool attachments in a secure position.
 - Arrange the cabin of the equipment so the exit steps are convenient.
 - Engage the parking mode and/or hydraulic lock-out.
- If possible, stand up and stretch before descending steps. It doesn't help that you might have been sitting in one position for an extended time.
- Always maintain 3 points of contact.
- Exit steps should be descended while facing the plant.
- Never skip a step or jump off.