

# Falls from Vehicles

Data from 2021 shows that falls from vehicles have resulted in 16 notifiable serious injuries of which:

- 4 of these injuries were associated with accessing/exiting the cab
- 8 were associated with falling from the flatbed or trailer
- 2 were associated with falling from a ladder
- 8 falls resulted in head injuries
- 14 injuries were with falls from between 1 and 2 metres.

Employers who use trucks as part of their business, need to ensure the risk of falls are managed to protect workers from serious injury. The simplest solution in preventing a fall is to remain on the ground during loading and unloading and use suitable lifting equipment.

