

# COVID Alert

The State Coordinator and Police Commissioner Grant Stevens, Premier Steven Marshall and the Chief Public Health Officer Professor Nicola Spurrier have provided an update in relation to the evolving COVID-19 situation in South Australia.

Restrictions will come into effect later today after new cases have been recorded in South Australia.

The restrictions now apply in Metropolitan, Barossa, Fleurieu Peninsula, Mt Barker and Adelaide Hills areas of South Australia and include but are not limited to:

- People must use QR codes (or manual check in system if not available) to check in when attending relevant locations.
- Masks are highly recommended in indoor public areas and on public transport.

## QR codes

As all MDIs and Authorised Examiners are still required to operate as per their COVID plan, maintaining records via QR codes or manual check is still mandatory.

## Wearing Masks

In South Australia, it is not currently mandatory for the general community, but it is strongly recommended to wear a mask when out in public if you are unable to physically distance.

There are some exemptions to a requirement to wear a mask .

- A person is not required to wear a mask if they have a relevant medical condition, including problems with their breathing, a serious condition of the face, a disability or a mental health condition (evidence of a relevant medical condition must be produced on request i.e. letter from GP or medical professional).
- A mask is not required to be worn in circumstances where the ability to see the mouth is essential for communication.
- A mask is not required to be worn when a person is eating or drinking.
- A child under the age of 12 is not required to wear a mask.

How to fit your mask correctly

- If you wear a mask, you need to wear it properly to make sure its effective.
- A mask should fit securely around your face, covering both your nose and mouth areas at all times.
- Make sure the mask fits snugly under your chin, over the bridge of your nose and against the sides of your face.
- It should be snug and secured with ties at the back of your head, or by ear loops.

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### How to put on your mask safely

- Before putting the mask on, wash your hands for at least 20 seconds with soap and water, or use hand sanitiser that is made up of over 60 per cent alcohol.
- Avoid touching your eyes, nose, mouth at all times.

### During use

- Do not touch the front of your mask while wearing it.
- If you do touch the mask, wash or sanitise your hands immediately.
- Do not allow the mask to hang around your neck, this includes when eating and drinking.
- Do not allow the mask to sit under your nose.

### After use

- Use the ties or ear loops to remove the mask.
- Do not touch the front of your mask while removing it.
- Store cloth face masks in a plastic bag until you have an opportunity to wash them.
- Wash your cloth mask whenever it gets dirty or at least daily. If your mask is wet or dirty from sweat, saliva, make-up, or other liquids or substances, keep it in a sealed plastic bag until you can wash it.
- If you are taking off your mask to eat or drink outside of your home, you can place it somewhere safe to keep it clean, such as your pocket, purse, or paper bag.
- Single-use masks should not be re-used, and should be thrown away after each use.
- Wash your hands for at least 20 seconds with soap and water, or use hand sanitiser that is made up of over 60 per cent alcohol.
- Do not dispose of masks into a recycling bin. Dispose in a bag or lined bin.

For more information please go to [SA.GOV.AU: COVID-19](#) | [SA.GOV.AU: COVID-19](#)