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| ***Way2Go* Bike Ed basic skills assessment** |
| ***School*** | **Year** |  | **Term and year** |  |
| **1 = Needs help****2 = developing skill****3 = consistently demonstrated** | **Uses correct braking procedure**  | **Ability to control speed** | **Ability to control balance and direction** | **Uses effective communication strategies** | **Demonstrates safe and responsible behaviour** | **Managing terrain** | **Additional comments** |
| **Class/Room No**. | Controlled braking | Increase speed | Ride in a straight line | Use of group ride language (e.g. stopping) | Listens and follows instructions | Can change gears |  |
| Emergency braking | Maintain speed | Slow riding | Correct use of hand signals | Applies effort to all tasks | Maintains control for uphill and downhill slope |  |
| Use of both brakes together | Decrease speed | Slight and tight turns | Use of warning device (voice or bell) | Shows care for the safety & wellbeing of self and others | Maintains control of bike on different surfaces |  |
| **Student Name** |
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**Implications for on road sessions (e.g. supervision plans, student and teacher support required etc.)**